Both men and women can suffer with kidney stones, but men's chances of getting them are about double that of women's. There are millions of people in the USA who get renal colic every year.

Renal colic is a very painful event, but kidney stone disease is a non-life-threatening condition. Therefore, the treatment of kidney stones is not an urgent action and should be addressed with all the pros and cons.

A number of surgical procedures - the only treatment that urologists prescribe to patients with kidney stones. The most common of them are extracorporeal shock wave lithotripsy (ESWL) and percutaneous
nephrolithotomy (PCNL). These two procedures can cause serious health problems for men and women, some of them immediately and other may occur in the future.

Over the past decade, Thermobalancing therapy, which uses Dr Allen's device, is able gradually dissolve kidney stones without renal colic. In addition, this device can not harm, consisting of natural thermoelements that have no side effects, is the main reason for its use as the first line of treatment for the dissolution of kidney stones.

1. ESWL and PCNL are risky due to complications that may arise

ESWL usually used to destroy a small kidney stone with the size less than 20 mm. PCNL is an invasive surgery that removes stones over 20 mm.

ESWL and PCNL can cause severe bleeding and infection in the short term. In the long term both surgical procedures can damage the kidney tissue causing high blood pressure, and other health problems, which can be caused by damage of the adjacent organs.

The article published in 2014, Extracorporeal shock wave lithotripsy (ESWL) and percutaneous nephrolithotomy (PCNL) are effective methods for the treatment of kidney stones. However, these two procedures can cause serious health problems for men and women, some of them immediately and other may occur in the future.

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wave lithotripsy versus percutaneous nephrolithotomy or retrograde intrarenal surgery for kidney stones, indicated that ESWL is less effective for kidney stones than PCNL. However, most authors state that today ESWL is the first line treatment.

Compared with surgical procedures, Dr Allen's device is free from side effects. This is the main reason for using Thermobalancing therapy when kidney stone disease is diagnosed.

2. Thermobalancing therapy is a unique method to dissolve stones

Thermobalancing therapy and Dr Allen's therapeutic device has received a US patent No. US 9,408,744 B2. Fine Treatment, http://finetreatment, manufactures the device in the United Kingdom and distributes Dr Allen's device worldwide, and to USA in a week by Royal Mail tracking service.

10-year observation on Thermobalancing therapy have demonstrated that Dr Allen's Device dissolves kidney stones of any type and sizes.

According to the article, Dr Allen's therapeutic devices should be implemented in the healthcare system for the
treatment of chronic noncancerous prostate and kidney diseases saving people's well-being and money, Thermobalancing therapy should be recommended to the patient by primary care physician, who must provide management of kidney stone disease.

Thermobalancing therapy helps to tackle the cause of kidney stone formation by spreading natural and safe energy toward affected kidneys for a prolonged period of time, dissolving renal calculi gradually.

3. Treatment for kidney disease should be safe in the first place

ESWL destroys a kidney stone for small pieces, which while passing the body with urine are irritating the urinary pathway causing unbearable pain.

Dr Allen's device is a class I medical device that does not require the participation of a notified body. Since this is a natural treatment option does, it does not cause side effects. Moreover, the device dissolves any type and size of kidney stones without renal colic.

According to researchers, the main problem in the treatment of kidney disease are recurrent kidney stone. 50% of patients with kidney stones after treatment received new stones after 5 years. This percentage of
recurrence of stones increases with age.

As currently, there is no satisfactory drug to cure and/or prevent kidney stone recurrences, dietary therapy based on metabolic testing and close follow-up may to be effective in reducing stone recurrence.

An article published in 2016, Treatment effect, adherence, and safety of high fluid intake for the prevention of incident and recurrent kidney stones: a systematic review and meta-analysis, has found that high fluid consumption may reduce the risk of recurrent kidney stones. However, it raises questions, such as quality of water, difficulties of continuing high-water intake, etc.

Preventing the formation of renal colic and kidney stones is easily achieved with the help of Dr Allen's device. Fine Treatment offers Dr Allen's device, which applies natural thermoelements to both kidneys, dissolving renal calculi in them simultaneously.

*This item was posted by a community contributor.*