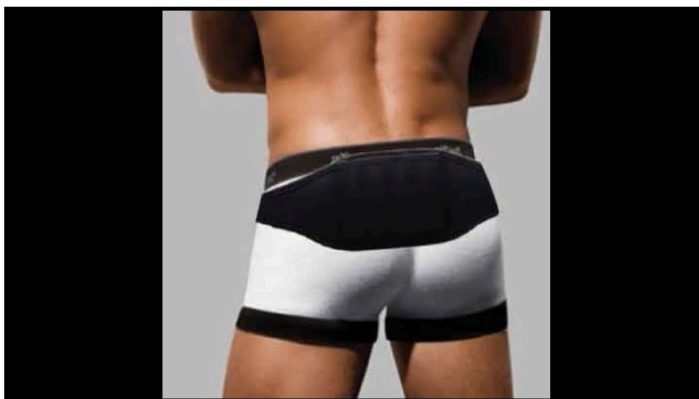


From the Community: Managing BPH through Thermobalancing therapy excels “watchful waiting”



Managing BPH through Thermobalancing therapy excels “watchful waiting” (Posted by Kathy Colace, Contributing Reader)

By **Contributing Reader Kathy Colace**

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<https://www.mcall.com/news/local/mc-ugc-article-managing-bph-through-thermobalancing-therapy-1-2018-11-12-story.html>



For aging men, frequent or urgent needs to urinate, and nocturia are the most irritating symptoms, they are usually called lower urinary tract symptoms (LUTS). LUTS in men are caused by benign prostatic hyperplasia (BPH), when enlarged prostate presses the bladder.

Today, LUTS in men is treated with risky medical or surgical treatment of BPH, which is responsible for sexual dysfunction and anxiety. To reduce the impact of unsafe drugs and BPH operations, so-called "watchful waiting" was introduced.

However, prostate growth is progressing. Therefore,

Fine Treatment has offered Thermobalancing therapy enabled by therapeutic device, which received a US patent.

The article published in 2016, "Thermobalancing conservative treatment for moderate-to-low-degree lower urinary tract symptoms (LUTS) secondary to prostate enlargement," concluded: the observed positive effect of therapeutic device for BPH has allowed us to recommend this side-effect-free therapy in watchful waiting or active surveillance approach.

Physicians are the first instance to which men with LUTS due to BPH are treated, so it is important that doctors know what they can offer.

1. What are the medical and surgical treatments for BPH?

The prostate grows with age, presses the bladder, causing LUTS, which include an increased frequency of urination at night; difficulty urinating; weak urine flow, etc.

2 types of medications are usually prescribed to men with BPH.

Alpha-blockers relax the muscle of the prostate and

bladder neck, which allows urine to flow more easily. There are different names of them: terazosin (Hytrin), doxazosin (Cardura), tamsulosin (Flomax), alfuzosin (Uroxatral), and silodosin (Rapaflo) but all of them have similar side effects, sexual dysfunction, weakness, retrograde ejaculation, headaches, etc.

Other hormonal drugs are 5-alpha-reductase inhibitors, such as finasteride and dutasteride, Avodart, Proscar and Propecia, which may develop serious irreversible health problems, like impotence, diabetes and depression.

Sadly, these BPH drugs are ineffective, as prostate enlargement is progressing gradually. Therefore, in the last decade (dutasteride and tamsulosin) are given to a person with BPH together, as the so-called combination therapy. Consequently, there is an increase in side effects.

However, the long-term BPH medications do not protect men from minimal invasive prostate surgeries, which may cause serious irreversible complications as well.

Thus, the medical and surgical treatments of BPH can reduce men's quality of life significantly. Furthermore,

these treatment options are expensive.

2. Thermobalancing therapy and therapeutic device reduces the size of an enlarged prostate relieving LUTS without side effects

Since the device was invented, in the last decade, it has been distributed through Fine Treatment from the UK worldwide.

10-year observation and a clinical study on Thermobalancing therapy in men with BPH have demonstrated that Dr Allen's Device decreases the size of enlarged prostate reducing LUTS.

The cause of BPH is described in detail in the Aging men journal: "Use of Thermobalancing therapy in ageing male with benign prostatic hyperplasia with a focus on etiology and pathophysiology." According to this article, BPH originates at the vascular level, and the prostate tissue grow occurs due to pathological activity of capillaries.

Dr Allen's device for the first time uses its own body temperature to treat an affected prostate. The thermoelement in the device accumulates body heat and becomes the source of the energy itself, allowing the

Thermobalancing therapy.

Solving problems at the vascular level in the affected prostate tissue, stops the enlargement of the prostate gland and improves the quality of life of people with BPH naturally.

3. Dr Allen's device provides better management of BPH than "watchful wait"

An article: "In the guidelines for physicians and urologists "watchful waiting" for benign prostatic hyperplasia (BPH) should be replaced with Thermobalancing therapy that treats prostate effectively, cost-effectively and safely," indicates the need for "watchful waiting" for the management of BPH to change to Thermobalancing therapy.

Dr Allen's therapeutic device cannot harm, it diminishes LUTS and improves quality of men's life. Therefore, Thermobalancing therapy and Dr Allen's device should be used for treatment and as a preventative measure for prostate enlargement.

Dr Allen's Device is a class 1 medical device. Therefore, as it is harmless, any man can use it at home. The device with the price less than \$US 200 is a cost-effective solution for BPH. All others treatment options for

prostate enlargement are costly.

In addition, Fine Treatment delivers the innovative device for BPH treatment to anyone's home by guaranteed tracking service.

[Click here to know about it](#)

The first-line treatment with Dr Allen's device, prescribed instead "watchful waiting", will help to provide active management of BPH and avoid risky treatment options.

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