

## From the community: Thermobalancing therapy provides back pain relief by using your body energy



Thermobalancing therapy provides back pain relief by using your body energy (Posted by Kathy Colace, Community Contributor)

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<https://www.chicagotribune.com/suburbs/arlington-heights/community/chi-ugc-article-thermobalancing-therapy-provides-back-pain-re-2018-12-07-story.html>

80 percent of people in the USA will experience an episode of low back pain at some time in their lives. As population ages, low back pain will increase substantially due to the deterioration of the intervertebral discs in older people.

Thermobalancing therapy with Dr Allen's devices for spine treatment provide an effective lower and upper back pain relief without side effects. Problems with the upper back are not as common as the painful conditions of the lower back, due to the increased pressure on the lumbago region.

Standard medicines cannot reach the painful area in the spine; therefore, drug therapy is helpless, namely as a treatment for lower back and upper back pain. In

addition, drugs are dangerous in the long run, as various health problems can develop.

Spinal injections for treating back pain are dangerous because the fluid creates additional pressure in the affected area and can irreversibly damage the nerves. Other spinal surgical procedures can lead to serious complications with possible disability.

Supplements for treating chronic pain associated with the spinal column are usually ineffective, and their protection of joint health or the prevention of osteoarthritis in the vertebrae is also weak.

### **Standard treatments of chronic back pain are risky**

Opioid pain medication which are effective for bone and joint pain in the first several weeks following injury or surgery are inefficient in treatment of chronic pain.

Moreover, people can expect serious side effects, such as constipation, nausea and vomiting, itching and dry mouth drowsiness and dizziness.

According to the University of Rochester Department of Neurosurgery, alternatives to opioid pain medication, like gabapentin and pregabalin, are helpless in

managing chronic low back pain.

The study, published in Canadian Medical Association Journal, also showed that the use of anticonvulsants for the treatment of low back pain or lumbar radicular pain is ineffective, and gabapentinoids had an increased risk of adverse events.

Surgical interventions are needles in people with back pain, for instance, spinal fusion surgery for back pain is expensive and there is no evidence that it may work.

Glucosamine is a most common over-the-counter treatment for osteoarthritis, even though its use has been controversial. A recent report is published in the Journal of the American Medical Association, showed no difference in patients with chronic back pain and degenerative lumbar osteoarthritis on glucosamine and placebo.

### **Thermobalancing therapy uses the energy of human's body to treat back pain**

The Origin of Diseases introduced by Dr Simon Allen states that the cause of back pain is as follows: swelling of the tissue around the intervertebral disc as a result of a deficient level of blood circulation, creates the focus of

hypothermia in the tissue. This further worsens the condition because it leads to capillary expansion, and consequently to greater pressure in the affected area. Thus, the physiological processes at the capillary level in the spine become pathological, increasing swelling and pain.

Dr Allen's Device, by eliminating the focus of hypothermia with Thermobalancing therapy, is the only way to increase blood circulation in the affected area, so swelling to be alleviated. Of course, this ultimately leads to lower or upper back treatment and pain relief.

Dr Allen's Device for Lower Spine Treatment consists of a thermo-element and a garment that applies this thermoelement to the body. The thermoelement is made on a base of a special mixture of waxes. It accumulates the naturally emitted body heat and becomes a source of energy itself.

The same technique is used in Dr Allen's Device for Sciatica Treatment. The only difference is that this device for sciatica contains 2 thermoelements as pain extends from spinal column to the left or right side of the body, so it is possible for patients to feel pain in two distinct areas (i.e. near the vertebrae and on side of the

buttocks).

Dr Allen's Device for Upper Sine Treatment applies 2 natural thermoelements to the thoracic spine improving blood circulation of intervertebral disks, relieving nasty symptoms gradually. It is very easy to use the device, which consist of the soft vest with special pockets for the thermoelements in the back.

### **Thermobalancing therapy is breakthrough innovation for back pain relief**

For the first time, it has been proven that the human body energy can treat chronic pain such with the help of Thermobalancing therapy, which has been patented in the United States.

Dr Allen's device is a class 1 medical device, which does not require the involvement of a notified body as it cannot harm. So, everyone can use it at home without worrying about side effects. [Fine Treatment](#), delivers the devices for spine care using Royal Mail and USPS tracking service.