Both men and women can suffer from kidney stones, but men's chances of getting them are about twice as high as women's. In the US, millions of people go to hospitals because of renal colic every year.

Surgical procedures are the only treatment that urologists prescribe for patients with kidney stones. The most common of these are extracorporeal shock wave lithotripsy (ESWL) and percutaneous nephrolithotomy (PCNL). These two procedures can cause serious health problems in men and women, some of them immediately after surgery, while others may arise in the
Renal colic is a very painful phenomenon, but kidney disease is not a life-threatening condition. Therefore, the treatment of kidney stones is not an urgent action and should be addressed with all the pros and cons.

Over the past decade, Thermobalancing therapy, which uses Dr Allen's device, dissolves kidney stones gradually without renal colic. The device can not harm and has no side effects. A new scientific article Thermobalancing therapy as Self-management toolstates that the main reason for use this therapy as the first line of treatment for kidney stones is its effectiveness and safety.

1. ESWL and PCNL may develop complications

ESWL usually used to destroy a small kidney stone with the size less than 20 mm. PCNL is an invasive surgery that removes stones over 20 mm.

ESWL and PCNL can cause severe bleeding and infection in the short term. In the long term both surgical procedures can damage the kidney tissue causing high blood pressure, and other health problems, which can be caused by damage of the adjacent organs.
The article published in 2014, Extracorporeal shock wave lithotripsy versus percutaneous nephrolithotomy or retrograde intrarenal surgery for kidney stones, indicated that ESWL is less effective for kidney stones than PCNL. However, most authors state that today ESWL is the first line treatment.

Compared with surgical procedures, Dr Allen's device is free from side effects. This is the main reason for using Thermobalancing therapy when kidney stone disease is diagnosed.

2. Thermobalancing therapy is the best method to dissolve stones

Thermobalancing therapy and Dr Allen's therapeutic device has received a US patent No. US 9,408,744 B2. Fine Treatment, http://finetreatment, manufactures the device in the United Kingdom and distributes Dr Allen's Device to US and worldwide, via Royal Mail tracking service.

10-year observation on Thermobalancing therapy have demonstrated that Dr Allen's Device dissolves kidney stones of any type.

According to the article, published in World News of
Natural Sciences in January 2019, Dr Allen's therapeutic device should be used as self-management tool for the treatment of kidney stones. Thermobalancing therapy helps people to stay healthy and safe a lot of money.

Thermobalancing therapy tackles the cause of kidney stone formation by spreading natural and safe energy toward affected kidneys for a protracted period of time, dissolving renal calculi progressively.

3. Treatment for kidney stone disease should be safe

ESWL destroys a kidney stone for small pieces, which while passing the body with urine are irritating the urinary pathway causing unbearable pain.

Dr Allen's device is a class I medical device that does not require the participation of a notified body. Since this is a natural treatment option does, it does not cause side effects. Moreover, the device dissolves any size of kidney stone. The large stone require more time.

According to researchers, the main problem in the treatment of kidney disease are recurrent kidney stone. 50% of patients with kidney stones after treatment received new stones after 5 years. This percentage of
recurrence of stones increases with age.

As currently, there is no satisfactory drug to cure and/or prevent kidney stone recurrences, dietary therapy based on metabolic testing and close follow-up may to be effective in reducing stone recurrence.

An article published in 2016, Treatment effect, adherence, and safety of high fluid intake for the prevention of incident and recurrent kidney stones: a systematic review and meta-analysis, has found that high fluid consumption may reduce the risk of recurrent kidney stones. However, it raises questions, such as quality of water, difficulties of continuing high-water intake, etc.

Treatment and prevention the formation kidney stones can be achieved easily with the help of Dr Allen's device. Fine Treatment offers Dr Allen's device, which applies natural thermoelements to both kidneys, dissolving renal calculi in them simultaneously.