10-year empirical evidence show that Dr. Allen's Device effectively reduces enlarged prostate volume and helps men to recover from urinary problems.

Men should know that the prostate gland is about the size of a walnut. The prostate gland grows from pea size to maturity. The prostate is exposed to another growth spurt aged 40 to 60 years due to the pathological activity of small blood vessels.

Thermobalancing therapy and Dr. Allen's Device, which are patented in the United States for its
uniqueness, **provides effective and safe treatment**, eliminating a vascular problem in the prostate tissue stopping prostate enlargement.

1. **Urinary problems**

As the prostate becomes larger, it begins to squeeze the urethra. Compression of the urethra, while partially or completely blocking the flow of urine. The muscles around the urethra contract, making it more difficult for the urethra to relax and allow the urine to flow.

Then the bladder should push urine more strongly through the newly diminished urethra, making it difficult to urinate with an enlarged prostate. Leaving this enlarged prostate symptom without treatment can lead to acute urinary retention, a complete cessation of urination. This is a serious condition.

A recent scientific article: Thermobalancing therapy as Self-management tool states that by using this therapy, as the first line of treatment for benign prostatic hyperplasia (BPH) or enlarged prostate, **men can reduce enlarged prostate themselves at home** and avoid serious side effects and complications caused by medical or surgical interventions.
2. Medical and surgical treatments of BPH are risky and costly

2 types of medications are prescribed to men with BPH: alpha-blockers such as: tamsulosin, terazosin, doxazosin, and alfuzosin; or 5-alpha-reductase inhibitors, such as finasteride and dutasteride, Avodart and Proscar; or both of these drugs.

The use of these BPH drugs can cause serious side effects such as weakness, retrograde ejaculation, impotence and even diabetes. The surgeries, even minimally invasive, are responsible for irreversible complications.

Furthermore, the medical and surgical interventions due to enlarged prostate are costly. The article: Medical therapy versus transurethral resection of the prostate (TURP) for the treatment of symptomatic BPH, stated that BPH medical management was more cost saving than TURP. But the article: Pharmacotherapy vs surgery as initial therapy for patients with moderate-to-severe BPH, stated that surgery is cost-effective as initial therapy for BPH.

Thus, BPH drugs and surgeries may cause serious
adverse events and complications, such as weakness, retrograde ejaculation, impotence and depression. These new problems may significantly reduce quality of life in men and affect their families.

3. Efficacy and cost-effectiveness of Thermobalancing therapy

A clinical study on Thermobalancing therapy in 124 men with BPH demonstrates that Dr Allen's Device decreases LUTS and improves quality of life by eliminating problems at the vascular level in the affected prostate tissue stopping prostate enlargement.

**Dr Allen's Device with the price less than $US 200 compares favourably** with all others treatment options for prostate enlargement or BPH. At the same time annual costs related to BPH medical treatment can reach $US 2,000, and surgical interventions can cost $US 10,000 and more.

As Dr Allen's Device is a Class I Medical Device everyone can use it at home without worrying, as this treatment is harmless. Thus, Thermobalancing therapy is effective and cost-effective solution for BPH.

4. Thermobalancing therapy best solution for
Enlarged prostate

Enlarged prostate or BPH may affect every older man. BPH is diagnosed in about 50 percent of men between the ages of 50 and 60, and up to 90 percent of men over 80 in the US. Men with BPH usually suffer from lower urinary tract symptoms (LUTS).

Most men complain about urination problems to physicians, who are the first instance for men with LUTS associated with BPH, so it is important for doctors to be aware about innovative Thermobalancing therapy. So, they can administrate the safe device to men when the enlarge prostate is diagnosed.

According to the scientific investigations, Dr Allen's device is easy to use as self-management tool for the treatment of enlarged prostate. Thermobalancing therapy helps men to stay healthy and safe a lot of money.

Prostate enlargement or BPH is usually a non-life-threatening condition, so men with enlarged prostate must be prescribed with medications or surgeries with caution, as they can cause new health problems. Thus, safe Dr Allen's device should be performed at an early stage of enlarged prostate or BPH.
Everyone can get Dr Allen's Device within a week. The company Fine Treatment, http://finetreatment, manufactures the device in the United Kingdom and distributes Dr Allen's Device to the US and worldwide, via Royal Mail tracking service.