Thermobalancing therapy (T-Therapy) with Dr. Allen's Device is patented in the United States for the treatment of benign prostatic hyperplasia (BPH) or enlarged prostate. This therapy provides safe treatment, reversing prostate enlargement gradually.

Men should know that a normal prostate gland is less than 30 grams in size. The prostate in men can begin to grow after 40-50 years due to the pathological activity of small blood vessels in the prostate tissue.

10-year empirical evidence and clinical investigation show that Dr. Allen's Device effectively reduces enlarged
prostate volume, reducing annoying symptoms, such as frequent urination, getting up frequently at night to urinate, weak stream of urine, etc.

1. Urinary problems due to BPH

As the prostate becomes larger, it begins to squeeze the urethra. Compression of the urethra partially blocks the flow of urine. The muscles around the urethra contract, making it more difficult for the urethra to relax and allow the urine to flow.

An enlarged prostate causes the bladder to squeeze more urine through the newly-reduced urethra, making it difficult to urinate. Leaving this enlarged prostate symptom without treatment can lead to acute urinary retention, a complete cessation of urination. Therefore, this condition must be considered in time.

A recent scientific article: Thermobalancing therapy as Self-management tool, states that by using this therapy, as the first line of treatment for enlarged prostate or BPH, men can reduce enlarged prostate themselves at home and avoid serious side effects and complications caused by BPH drugs or surgical interventions.
2. BPH drugs and surgeries of are risky and costly

Two types of drugs are prescribed to men with BPH: alpha-blockers such as: tamsulosin, terazosin, doxazosin, and alfuzosin; or 5-alpha-reductase inhibitors, such as finasteride and dutasteride, Avodart and Proscar. In the last decade; often both medications are prescribed simultaneously.

The use of these BPH drugs can cause serious side effects such as weakness, tiredness, retrograde ejaculation, impotence, diabetes. The surgeries, even minimally invasive, are responsible for irreversible complications.

Furthermore, the medical and surgical interventions due to enlarged prostate are costly. The article: Medical therapy versus transurethral resection of the prostate (TURP) for the treatment of symptomatic BPH, stated that BPH medical management was more cost saving than TURP. But the article: Pharmacotherapy vs surgery as initial therapy for patients with moderate-to-severe BPH, stated that surgery is cost-effective as initial therapy for BPH.
Thus, BPH drugs and surgeries may cause serious adverse events and complications, which can cause depression in about 25% of men. This new problem may significantly reduce quality of life in men and affect their families.

3. Efficacy and cost-effectiveness of new T-Therapy

A clinical study on Thermobalancing therapy in 124 men with BPH demonstrates that Dr Allen's Device decreases urinary symptoms and improves quality of life by eliminating problems at the vascular level in the affected prostate tissue, stopping prostate enlargement.

**Dr Allen's Device with the price less than $US 200** compares favourably with all others treatment options for prostate enlargement or BPH. At the same time annual costs related to BPH medical treatment can reach $US 2,000, and surgical interventions can cost $US 10,000 and more.

Since Dr Allen's Device is a class I medical device, everyone can use it at home without worrying, as this treatment is harmless. Thus, Thermobalancing therapy is effective and cost-effective solution for BPH.

4. T-Therapy helps to recover from enlarged
prostate

Enlarged prostate or BPH may affect every older man. BPH is diagnosed in about 50 percent of men between the ages of 50 and 60, and up to 90 percent of men over 80 in the US. Men with BPH usually suffer from lower urinary tract symptoms (LUTS).

In February 2019, Innovative Journal of Medical and Health Science published a new article: The cause of chronic prostatitis and prostate enlargement is a change in the vascular level and requires similar treatment: innovative Thermobalancing therapy, which explains that this unique therapy treats entirely the prostate gland.

According to the scientific investigations, Dr Allen's Device is easy to use as self-management tool for the treatment of enlarged prostate. Thus, Thermobalancing therapy helps men to stay healthy and safe a lot of money.

Prostate enlargement or BPH is usually a non-life-threatening condition, so men with enlarged prostate must be prescribed with medications or surgeries with caution, as they can cause new health problems. So, Dr Allen's Device should be performed at an early stage of
enlarged prostate or BPH.

Everyone can get Dr Allen's Device within a week. The company Fine Treatment, http://finetreatment, manufactures the device in the United Kingdom and distributes Dr Allen's Device to the US and worldwide, via Royal Mail tracking service.