Treatment of benign prostatic hyperplasia (BPH) or enlarged prostate with Dr Allen's Device is safe whereas BPH drugs and surgical interventions on a prostate are risky. This is important to know, since most men over 60 have urinary problems, so-called lower urinary tract symptoms (LUTS), which reduce their quality of life.

LUTS in men are mainly caused by prostate enlargement. The prostate is normally about the size of a walnut, but when it grows with age it presses the bladder causing LUTS, which may include frequent and urgent need to urinate; increased frequency of urination at night; difficulty with starting urination; weak urine
stream, etc.

Enlarged prostate is a non-life-threatening condition, therefore men with BPH should use safe Thermobalancing therapy in the first place and stay away from risky long-term medical therapies or surgical interventions even minimal invasive.

However, despite the numerous evidence that medical treatment or surgery for BPH can cause serious side effects and complications, doctors prescribe them widely.

1. The standard treatments for BPH are not safe

Various medications are usually prescribed for men with BPH and all of them have serious side effects.

- alpha-blockers such as: tamsulosin (Flomax) and others, can cause weakness, retrograde ejaculation, impotence. A couple years ago an article in the Canadian journal explored that alpha-blockers have a higher risk of ischemic stroke during the initiation phase.

- 5-alpha-reductase inhibitors, such as finasteride and dutasteride, Avodart, Proscar and Propecia; can cause irreversible side effects: impotence, depression, testicle
pain, and even diabetes.

Since none of these drugs are effective, both of these drugs (dutasteride and tamsulosin) are prescribed to a person with an enlarged prostate together, this is the so-called combination therapy, which can cause more health problems.

Unfortunately, drug therapy for BPH is ineffective, so a number of minimally invasive surgical procedures are proposed. Why are there too many of them? Because none of them can satisfy clients with an enlarged prostate.

2. Thermobalancing therapy reduces the size of an enlarged prostate

Thermobalancing therapy with Dr Allen's therapeutic device received a US patent, as a completely new treatment for chronic internal diseases. It should be noted that 10-year observation and clinical studies on Thermobalancing therapy in men with prostate problems have demonstrated that Dr Allen's Device decreases the size of enlarged prostate and LUTS.

The cause of prostate enlargement starts at the vascular level. This was described in the Aging Male journal: "Use
of thermobalancing therapy in ageing male with benign prostatic hyperplasia with a focus on etiology and pathophysiology." According to this article, the process of prostate enlargement happens due to the pathological activity of capillaries.

Thermobalancing therapy, by eliminating problems at the vascular level in the affected prostate tissue stops prostate enlargement that, consequently, leads to urinary symptoms relief. A number of articles published in peer-reviewed medical journals can be found on the "Fine Treatment: Medical Scientific Data" page, https://finetreatment.com/thermobalancing-therapy-medical-scientific-data/.

The outcomes of clinical investigations on Thermobalancing therapy were discussed by medical professionals at the different health conferences worldwide: in the UK, USA, Spain, China, Italy and other countries.

3. Dr Allen's therapeutic device is essential tool for BPH

Dr Allen's Device is a Class 1 Medical Device that is produced and distributed by Fine Treatment, http://finetreatment.com. Therefore, it is safe device and any
man can use this device at home. The price of Dr Allen's device less than $200, which is unbeatable when compared with all other treatment options for enlarged prostate or BPH.

The article, Thermobalancing conservative treatment for moderate-to-low-degree lower urinary tract symptoms (LUTS) secondary to prostate enlargement, concluded: The observed positive effect of therapeutic device for BPH has allowed us to recommend this side-effect-free therapy in watchful waiting or as active surveillance approach.

Thermobalancing therapy is a valuable tool as the prevalence of BPH increases markedly with increasing age and affects 70% of men aged 60-69 years in the United States. As the age of the world's population increases, the frequency and prevalence of BPH play an important role in the quality of life of men, as it affects 80% of people aged 70 years and older.

Dr Allen's therapeutic device cannot harm and improves well-being of men, therefore it should be the first-line treatment. This will help men to avoid risky BPH drugs and have healthy aging.